

## **Sun City Cycling Club Policy and Operational Guidelines**

Listed below are policies and guidelines to guide the club in conducting the normal daily operation of club bicycle rides, events and activities. These policies and guidelines may be modified as needed or required.

### **General Policies:**

1. All activities of the club should be conducted in a professional manner and to support the Sun City Cycling Club's goal of safe and enjoyable bicycling.
2. The Sun City Cycling Club's weekly bicycling rides are to be conducted as a Non-Drop ride, meaning that no rider will be left behind. That day's Ride Leader is responsible for making sure no rider is left behind.
3. All bicyclists (riders) on a Sun City Cycling Club event must be of legal age or accompanied by their parent, grandparent or legal guardian. The parent, grandparent or legal guardian is responsible for the minor and must always ride with the minor.
4. Each participant must sign that day's Wavier of Liability form provided by the Ride Leader.

### **COVID-19 Policies:**

1. Sun City Cycling Club participants will respect their fellow riders at all times by following recommended safety precautions and social distancing as recommended by federal, state, local government agencies and appropriate health and scientific organizations. Some of these include but are not limited to the following.
  - a. Wearing a mask at all times while not on the bicycle.
  - b. Respecting your fellow bicyclists by maintaining at least 6 feet of space between participants at all times and more at higher rider speeds.
  - c. Use the following links for additional information and recommendations on proper COVID-19 protocols for riding.

<https://americanspecialty.com/lab/covid-19-return-to-ride-cycling-checklist.pdf>

[https://s3.amazonaws.com/usac-craft-uploads-production/documents/COVID-19-Event-Resources/Group\\_Ride\\_Recommendations\\_061220.pdf](https://s3.amazonaws.com/usac-craft-uploads-production/documents/COVID-19-Event-Resources/Group_Ride_Recommendations_061220.pdf)

### **Guest Policies:**

1. Guests are always welcome on/at Sun City Cycling Club rides and events.
2. Guests are covered by the club's insurance policy only on their first ride.
3. Guests that ride more than three times in a three-month period will be strongly encouraged to join the club.

### **Safety Policies:**

1. Bicyclists on Sun City Cycling Club events are required to wear a certified helmet whenever they are on the bicycle and riding. No exceptions.
2. Bicyclists on Sun City Cycling Club events are strongly encouraged to wear gloves and have a front light and red taillight on all rides (lights required for nighttime rides).
3. All bicyclists on Sun City Cycling Club rides must obey all applicable traffic laws, and exercise proper safe riding procedures and road position as outlined in nationally recognized bicycling safety classes.
4. Consistent violation of Safety Policy 3 above and the Sun City Cycling Club will deny the violator the right to participate in Sun City Cycling Club rides and events.

5. Participants in special events must comply with any additional posted safety procedures and requirements.

6. Participants may use road bikes, hybrid, commuter, or mountain bikes or Class 1 and Class 3 e-bikes. E-bikes must require you to pedal. Class 2 E-BIKES and bikes that have a throttle that **do not require you to pedal are "PROHIBITED" on Sun City Cycling Club rides. See Policy under the Club Info**

**Ride Leader Policies:**

1. Ride leaders should post on [ridewithgps.com](http://ridewithgps.com) the route and contact information at least one week before the event, if possible.
2. Ride Leaders will assure that everyone has signed the ride Waiver of Liability.
3. Ride Leaders will introduce themselves, recognize guests and make sure everyone is welcome.
4. Ride Leaders will make appropriate announcements and ask if anyone else has information to share.
5. Rider Leaders will give brief overview of the ride, distance, speed, and estimated time to finish.
6. Ride leaders will remind participants of the need for safety and emphasize any items needing special attention.

Policies and operational guidelines approved at the SCCC Board Meeting on March 28, 2023.