

# Sun City Cycling Clubs

## Policy and Operational Guidelines

Listed below are policies and guidelines to guide the club in conducting the normal daily operation of club bicycle rides, events, and activities. These policies and guidelines may be modified as needed or required.

### General Policies:

1. All activities of the club should be conducted in a professional manner and to support the Sun City Cycling Club's goal of safe and enjoyable bicycling.
2. The Sun City Cycling Club's weekly bicycling rides are to be conducted as a Non-Drop ride, meaning that no rider will be left behind. That day's Ride Leader is responsible for making sure no rider is left behind.
3. All bicyclists (riders) on a Sun City Cycling Club event must be of legal age or accompanied by their parent, grandparent, or legal guardian. The parent, grandparent or legal guardian is responsible for the minor and must always ride with the minor.
4. Each participant must sign that day's Wavier of Liability form provided by the Ride Leader.

### COVID-19 Policies:

1. Sun City Cycling Club participants will respect their fellow riders by following recommended safety precautions and social distancing as recommended by federal, state, local government agencies and appropriate health and scientific organizations. The following links will provide you with guidance:  
CDC: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>  
American Specialty Insurance: <https://americanspecialty.com/lab/covid-19-return-to-ride-cycling-checklist.pdf>  
USA Cycling:  
[https://s3.amazonaws.com/usac-craft-uploads-production/documents/COVID-19-Event-Resources/Group\\_Ride\\_Recommendations\\_061220.pdf](https://s3.amazonaws.com/usac-craft-uploads-production/documents/COVID-19-Event-Resources/Group_Ride_Recommendations_061220.pdf)
2. Regarding Sun City Cycling events and safeguarding the club members: Each event or activity leader is responsible to assure participants are safe; however ultimately each member is responsible for their own safety and operating in their comfort zone. If you are a member that has a concern or question about the COVID safety precautions, contact the event or activity leader directly. Event leaders and activity leaders must respond to member's questions.

We are all in this together. Let's make cycling events safe and enjoyable for all.

### Guest Policies:

1. Guests are always welcome on/at Sun City Cycling Club rides and events.
2. Guests are covered by the club's insurance policy only on their first ride.
3. Guests that ride more than three times in a three-month period will be strongly encouraged to join the club.

### Safety Policies:

1. Bicyclists on Sun City Cycling Club events are required to wear a certified helmet whenever they are on the bicycle and riding. No exceptions.

2. Bicyclists on Sun City Cycling Club events are strongly encouraged to wear gloves and have a front light and red taillight on all rides (lights required for nighttime rides).

3. All bicyclists on Sun City Cycling Club rides must obey all applicable traffic laws, and exercise proper safe riding procedures and road position as outlined in nationally recognized bicycling safety classes.

4. Consistent violation of Safety Policy 3 above and the Sun City Cycling Club will deny the violator the right to participate in Sun City Cycling Club rides and events.

5. Participants in special events must comply with any additional posted safety procedures and requirements.

6. All new members must successfully complete an online bicycle safety course either from the League of American Bicyclists and or the Savvy Cycling. Details to be posted on the website.

### **Ride Leader Policies:**

1. Ride Leaders should furnish webmaster a [ridewithgps.com](http://ridewithgps.com) route link at least one week before the event, if possible.

2. Ride Leaders will assure that everyone has signed the ride Waiver of Liability.

3. Ride Leaders will introduce themselves, recognize guests and make sure everyone is welcome.

4. Ride Leaders will make appropriate announcements and ask if anyone else has information to share.

5. Ride Leaders will give brief overview of the ride, distance, speed, and estimated time to finish.

6. Ride leaders will remind participants of the need for safety and emphasize any items needing special attention.

### **E-Bike Policies:**

Sun City Cycling Club participants may use road bikes, hybrid, commuter, or mountain bikes or Class 1 and Class 3 e-bikes. E-bikes must require you to pedal.

**Class 2 E-BIKES and bikes that have a throttle that do not require you to pedal ARE PROHIBITED ON Sun City Cycling Club rides.**

Tri bike and fixie bike use is strongly discouraged in group rides. Tricycles that comply with the above guidelines are welcome.

All riders, regardless of the bike they ride, are expected to comply with proper group riding etiquette and to ride safely.

Class 1: e-Bikes that are pedal-assist only, with no throttle, and have a maximum assisted speed of 20 mph

Class 2: e-Bikes that also have a maximum speed of 20 mph, but are throttle-assisted

Class 3: e-Bikes that are pedal-assist only, with no throttle, and a maximum assisted speed of 28 mph

### **Dues:**

The board at the May 2021 Board Meeting approved that if a member joins after July 1<sup>st</sup>, their dues will carry through the following year.